

Integration with VGH PHYTOTECH is an alternative option to the protocol

|                                                | VGH PHYTOTECH<br>Optional                               | PRODUCTS                                                                                                                                                                                                | DOSE<br>FOR EACH<br>INDIVIDUAL<br>TREATMENT                                                | HOW TO USE                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|------------------------------------------------|---------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>PHYSIOLOGICAL<br/>CLEANSING</b>             | Scrub Brushes<br>25 KHz ultrasound<br>Microdermabrasion | <b>Equilibrium</b> Eye<br>and Lip Make-Up<br>Remover<br><br><b>Rehydra</b><br>Hydrating<br>Cleansing Milk<br><br><b>REHYDRA KIT</b><br>Hydrating Face<br>Scrub<br><br><b>Rehydra</b><br>Hydrating Toner | 3 ml<br><br>5 ml<br>(equal to 5<br>doses)<br><br>5 ml<br><br>5 ml<br>(equal to 5<br>doses) | Apply the eye and lip make-up remover onto a cotton pad to gently remove make-up.<br><br>Cleanse face, neck and neckline, using 5 doses of cleansing milk, massage gently and then rinse off with water.<br><br>Apply the scrub and massage in a light, circular motion. Rinse off with water.<br><br>Apply the Toning Lotion and pat until absorbed.                                                                                                                                |
| <b>NOURISHING<br/>SHOCK ACTION</b>             | Radiofrequency*                                         | <b>REHYDRA KIT</b><br>Nourishing Oil                                                                                                                                                                    | 4-6 drops                                                                                  | Distribute the oil drops over face, neck and neckline and massage until absorbed.                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>FUNCTIONAL<br/>MASK<br/>AND<br/>MESSAGE</b> | 25 KHz Ultrasound<br>3 MHz Ultrasound                   | <b>REHYDRA KIT</b><br>Hydrating Gel Mask                                                                                                                                                                | 1 scant teaspoon<br>(1.30 g)<br>+<br>35 ml of water                                        | Fill the shaker with 35 ml of water and add 1 scant teaspoon of powder, close the cap and shake for a few moments until smooth. Using a spatula, apply a thick layer of mask over the face. Leave on for 10 minutes. Meanwhile, perform a manual oxygenation and relaxation technique on the neck, neckline and shoulders. Remove the mask residue from the face and distribute over neck and neckline. Massage the mask residue from the face for 10 minutes. Rinse off with water. |
| <b>HYDRATING<br/>SHOCK ACTION</b>              | Electroporator**<br>Facial Vacuum<br>Massage***         | <b>KIT REHYDRA</b><br>Hyaluronic Acid<br>Ampoule                                                                                                                                                        | 1.5 ml                                                                                     | Apply the ampoule to face, neck and neckline and pat until absorbed.                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>FINAL STEP</b>                              | 25 KHz Ultrasound<br>3 MHz Ultrasound                   | <b>Rehydra</b><br>100H Hydrating<br>Face Cream                                                                                                                                                          | 2 ml                                                                                       | As the final step, apply the cream.                                                                                                                                                                                                                                                                                                                                                                                                                                                  |

\* Carry out the radiofrequency session before applying the Nourishing Oil using **Echinacea Facial Massage Tech**

\*\*Dilute the product with Rehydra Hydrating Toner (1:1)

\*\*\* Perform an Endodermic Massage following absorption of the Rehydra Hyaluronic Acid Ampoule using **Echinacea Facial Massage Tech**

**Duration of treatment: 50-70 minutes** (times may vary depending on whether the technological step is included as part of treatment, which depends entirely on the client's needs)

**NOTE:** The treatment can be transformed into a **Specific Deep Facial Cleansing** by including the squeezing step after removing the Rehydra Face Scrub

**REMEMBER THAT THE SELF-CARE PRODUCTS MUST BE USED DAILY TO MAINTAIN THE RESULTS OF THE TREATMENT.**

**THE REHYDRA BEAUTY ROUTINE COMPRISES:** Hydrating cleansing mousse, hydrating cleansing milk, hydrating toner, face scrub, hyaluronic acid ampoule, hydrating concentrated serum, 100H hydrating cream, hydra-nourishing cream, hydrating mineral mask and hydrating eye contour cream.